

Year 7 Physical Education

WHAT SPORTS WILL YOU LEARN?

RUGBY

FOOTBALL

HEALTH RELATED FITNESS

HANDBALL

ATHLETICS

ROUNDERS

NETBALL

BASKETBALL

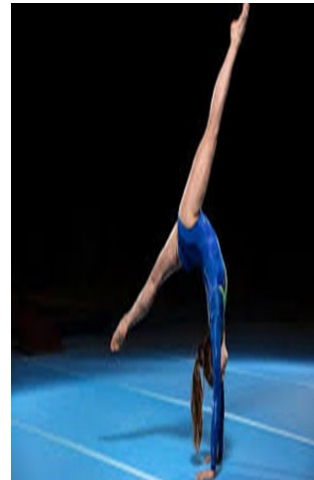
CRICKET

BADMINTON

GYMNASTICS

DANCE

SOFTBALL



Welcome to the PE Department

Our vision is to offer a differentiated programme of movement and sport which ensures that all students:

- ***Develop skills to excel in a broad range of physical activities***
- ***Are physically active for sustained periods of time***
- ***Engage in competitive sports and activities***

KS3 PE

Achievement, Excel and Success Pathways - Year 7/8/9

Pupils will be taught the knowledge, skills and understanding through different areas of activity:

- *Games activities (Rugby/Football/Gaelic Football/Handball/Basketball/Netball/Cricket/Softball/Rounders)*
- *Athletic activities (Athletics & Cross Country)*
- *Outdoor and Adventurous Activities*
- *Gymnastics/Dance*
- *Health Related Fitness*
- *Net/Wall (Badminton/Table Tennis/Volleyball)*

KS4 - GCSE Physical Education (YR10&11)

Course Structure:

Theory ***60% External Examination***

Practical ***40% Internally Assessed/Externally Moderated***

1. PE Theory (60%) Covering the following areas: (use of data incorporated)

- *Health, training and exercise*
- *Exercise physiology*
- *Movement analysis*
- *Psychology of sport*
- *Socio-cultural issues on sport*

2. PE NEA (40%) The second part of the course is practically based

- *30% Practical Performance*
- *10 % Analysis of Performance*

KS5 – SIXTH FORM AT WARREN

***Course: BTEC Level 3 National Extended Diploma in Sport
Equivalent to '3' A Levels***

***Students have to complete 14 units of which 10 are mandatory and
4 are external assessed.***

- *Mandatory content (78%)*
- *External assessment (28%)*

UNIVERSITY ROUTES FOR PE & SPORT STUDENTS

- ***Degree in PE Teaching***
- ***Degree in Sports Coaching***
- ***Degree in Physiotherapy***
- ***Degree in Sports Massage & Therapy***
- ***Degree in Fitness & Instructing Physical Activity***
- ***Degree in Sport Management***
- ***Degree in Sport Psychology***
- ***Degree in Sports Journalism***

Careers in Sport

- *PE Teaching*
- *Sports Coaching*
- *Sport & Leisure Management*
- *Sports Therapist*
- *Sports Psychologist*
- *Physiotherapist*
- *Sports Massage*
- *Fitness Instructor*
- *Personal Trainer*
- *Sports Journalism*



Extra Curricular Activities at Warren

RUGBY

FOOTBALL

CRICKET

ATHLETICS

BADMINTON

***TABLE
TENNIS***

ROUNDERS

SOFTBALL

BASKETBALL

FITNESS

NETBALL