

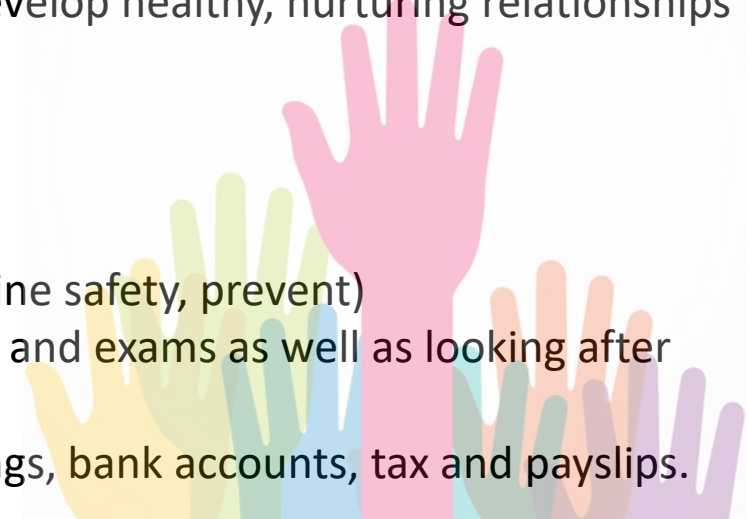
## **Welcome to the PSCHE department**

All students will study PSCHE during Period 6 sessions with their tutor. These sessions take place on a Tuesday, Wednesday and Friday.

Throughout these sessions students will have the opportunity to learn a broad curriculum which will support their health and wellbeing, relationship education and the skills needed to live in the wider world. Students will also complete careers tasks throughout each year group.

In PSCHE we believe in giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe (we cover several safeguarding topics to ensure safety, including FGM, online safety, prevent)
- Health and wellbeing – developing management skills for dealing with stress, anxiety and exams as well as looking after our physical and mental wellbeing
- Living in the wider world – the development of skills to live in the world such as savings, bank accounts, tax and payslips.



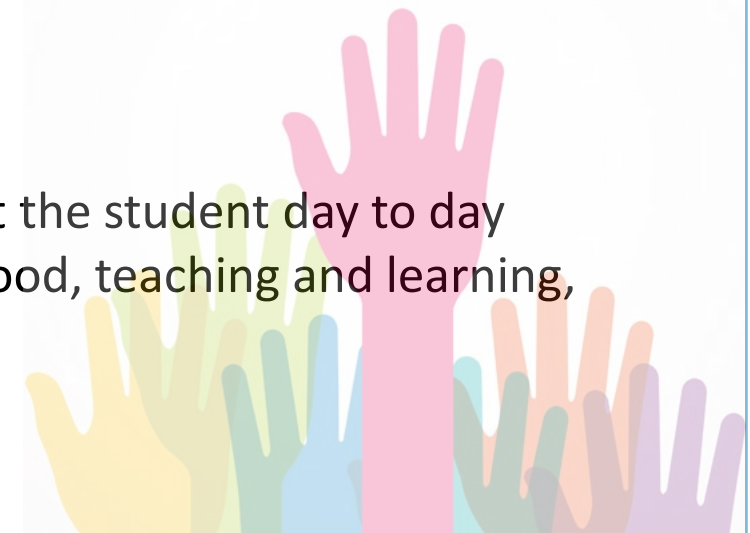
## **Student Council**

The PSCHE department also supports the running of the school council.

By being part of the student council, students are able to take part in the leadership of the school and ensure that the student voice is heard.

Each year, council representatives are elected to represent their tutor group.

Reps from each year group meet on a regular basis to discuss issues that affect the student day to day experience at school. This includes discussions around school facilities, trips, food, teaching and learning, marking and feedback and many other issues.



## **Student council**

Each term, the full school council meet as a full 'School Parliament', to share the student leadership teams progress and impact within the school. Older representatives within the council take on the role of meeting with the Headteacher for feedback and messages to share with their year groups.

Many of our students relish the opportunity for leadership and the council is a great starting point to have your voice heard.



# MOOD METER

How are you feeling?

